

NATIONAL LEAGUE RULES 2011

- 3 points for starting, riders who start the race but don't finish get 3 points.
- 5 points for finishing, riders who finish the race but are not placed will get 5 points.
- 8 races in the league in total, best 6 results count towards the overall league standings.

-League standings to be re-adjusted after stage 7.

- Handicap points – Junior's 2 points per event.
- No points handicap for any senior riders.
- First three races are handicapped. This is to ease Junior's or new people into the National League racing standard (for those with no race experience).
- Race points awarded from 15 down to 6 (the winner will get 15 points, 2nd will get 14...)
- This year there will be a team prize with the top 3 riders from each team recorded per race.

-Prizes awarded at the end of the National league as opposed to after each race.

- The leader of the league must wear the leader's jerseys.
- If two riders are on equal points and in the Leaders position than the rider who was originally in the Leader's jersey will remain so until overtaken in the points system.
- In the event where two riders are on equal points but neither of them are currently holding the Jersey then the person who scored best in the last race will wear the Jersey.
- The women's races are completely separate from the men's, no riding with the men's bunch during a national league event.

The National league is run by the Women's commission for Cycling Ireland and at all times will remain unbiased and fair in any decisions made. The women's commission do however reserve the right to make changes or amendments to the rules and points structure if required.